



**Dr Kursat Karacabey**  
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**Kursat Karacabey**

Dr. Karacabey graduated from Fırat University – the College of Physical Education & Sports (P.E) in 1996 and started his academic carrier in the same faculty as a research assistant in 1998. He completed his master degree from Health Institute in 2000 with the title of “*The Effect of Exercise Types on DHEA-S, Cortisol Hormones, and some Metabolic Parameters*”:

He worked as a research assistant at Marmara University, the College of Physical Education & Sports between 2000 and 2003. He holds the Ph.D in 2003 at the same university with a dissertation on the “*Effects of different exercise protocols on immune system parameters and levels of ACTH, cortisol, insulin and glucose metabolism in volleyball players*”: Dr. Karacabey served as an Assistant Professor at Gaziantep University - College of P.E in 2005 then became Associated Professor in 2010. He worked as the College director between 2008 and 2011. Kursat found the Department of Coaching in 2008 and Department of Sports Management both first and second education classes in 2010 and performed the head of these departments at Gaziantep University. Additionally, he found the College of P.E at Duzce University in 2013; he is still working as the director of this college and department head of Coaching. He published various of national and international research papers and articles, he published four books which titles “The Education and Learning Methods in Volleyball”, “Training Theories and Coaching of Volleyball”, Introduction of Healthy Life and Medical First Aid”, and “Health and Sport”. In the past, he played volleyball under professional clubs in Turkey. He holds Taekwondo Black Belt Rank, IV. Rank of Volleyball Trainer and Underwater & Life Guard Certificates.

